



**My Alvernia:** How did the three of you meet and decide to set up Asia Brain Spine and Nerve Medical Centre together?

**Dr Manish:** Being part of a small community of neuro-practitioners in Singapore, we had heard about each other. I first met Dr Lee in person when he asked me to see a patient of his who had been admitted to Mount Alvernia Hospital and needed treatment for a brain aneurysm. Dr Ahmad and I had known each other from my time at Singapore General Hospital. When we realised that all the neuroscience-related practitioners were practising independently in private practice in Singapore, we decided to start a comprehensive neuroscience centre together.

**My Alvernia:** Why did you choose to set up your practice at Mount Alvernia Medical Centre in particular?

**Dr Manish:** We had already been looking after patients at Mount Alvernia Hospital for a number of years, and were looking for a place

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*Dr Ahmad*

that provides first-class logistical support along with a friendly working environment and seamless patient care. We met the senior management team to explain our vision and the rest is history.

**My Alvernia:** What sort of services does your practice provide, and how do they complement each other?

**Dr Manish:** We provide comprehensive neurological, neurosurgical, neuro-interventional and pain management care, all of which are complementary to each other.

**Dr Ahmad:** Patients suffering from a neurological condition often require the close attention of multiple specialists to manage their condition. For example, a young patient who suffers acute stroke requires a neurologist to diagnose and plan the best treatment, an interventional radiologist to intervene immediately and remove the clot, and lastly a neurosurgeon to do decompression craniotomy if needed. The availability of all the specialists in a highly coordinated manner within a very short period of time, to ensure that you do not miss the window of opportunity, is always a challenge even in a highly advanced centre.

**My Alvernia:** Can you share another example of a case that has required the collaboration of all three partners?

**Dr Ahmad:** A patient with secondary headache often requires input from all three of us. Recently we managed one local patient, a lady in her early 40s, who had a tumour excised by Dr Lee, and an arteriovenous malformation (AVM) embolised by Dr Manish. She also suffered from epilepsy, which was managed by me.

**My Alvernia:** What are the most common conditions that you see among your patients?

**Dr Ahmad:** We see all kinds of conditions related to the brain, the spine and the nerves, from common problems such as headache and dizziness to complex tertiary conditions like brain and spine tumours, brain aneurysms and vascular malformations.